

**Institutions in Yangon that conduct Pre-departure COVID-19 RT-PCR test 2022.8**

NAME	(1) N Health Myanmar Co., Ltd.	(2) International SOS Clinic (Proxy Service)	(3) Yangon Airport Molecular Lab(YAML) Yangon International Airport (Cargo warehouse)	(4) Myat Mon Tokyo Clinic (Proxy Service)	(5) ARYU Hospital	(6) MMDC& LUDU Laboratories	(7) SML Medical & Diagnostic Centre
Address	No.807, Corner of 11th street and Mahar Bandoola Rd, Lanmadaw Township	Inya Lake Hotel, 37 Kaba Aye Pagoda Road, Mayangone Township	Ground floor of 4 story building, Pyay Road, Near Htan Pin Kone bus station, Mingalardon Township	No.990, Thumngalar Road, South Okkalapa Township	No. 400, Kyaik Ka San Road, Tamwe Township	No. (797), Room (004-A), MAC Tower- 11, Corner of Bogyoke Aung San Road & Warden Street, Lanmadaw Township	No.003/004, Dagon Tower, Ground Floor, KabarAye Pagoda Road, Bahan Township
Contact Number and email address of Reservation	09-5199122 (both English and Myanmar), 09-456659980 (Myanmar only) Advance reservation recommended at least one day ahead though walk in service is available	09-420114536 (24 hours available), reception.ygn@internationalsos.com ( reservation must be made 4 days before departure)	09-444099941-42 (24 hours available) info@ygnairportlab.com Advance reservation needs for home service at least one day ahead. Walk in service is available for visiting Lab but advance reservation is better and recommended. Express service- 7:00am -5:00 pm but can test after the said hours if they give advance reservation/ information on request.	09-956836131(9:00 - 13:00, Weekday and Saturday), mm.tokyoclinic@gmail.com (reservation must be 6 days before departure by email and subject should be PCR test service for Japan entry)	09-767811166 (8:00-17:00) reservation at least one day ahead	09-977909299, 09-9442333748 (9:00-17:00 daily) Reservation- at least 1 day ahead	09-785314833, 09-768275840 ( 9:00-17:00) Reservation at least 1 day ahead
Sample Collection Place	(1) Usual PCR - Tourist Burma Building (Sule Pagoda Road, Kayuktada Township) (2) NAAT PCR test( result within 1 hour)- (a) Tourist Burma Building (b) N Health Lab (c) CCL vaccination center at Thuwunna, Pawsan Hmwe street	At International SOS Clinic	(a)YAML Lab, Mingalardon (b) Hletan Centre, Kamaryut Township	Myat Mon Clinic	Mini lab, Tower B, 1F at Aryu Hospital	At LUDU Lab	No. 664/665, Pyi Thary Yar Road (16/4 Zawana Ward, Thingangyun Township
Sample Collection Time:	(1) For usual PCR test- Tourist Burma Building - 9:00-11:00 (2) NAAT PCR- (a) Tourist Burma Building- 9:00-11:00 & 13:30-15:00 (b) N-Health Myanmar Co.,Ltd.- 9:00-17:00 (c) CCL Vaccination Center- 9:00-17:00	usually 7:30 am or appointment time will be set by the clinic doctor	7:00 am-11:00 am (Results - the same day), 12:00-15:30 (Result -next day after 11:00 am, for home delivery at night 19:00-21:00), Hletan Center- 9:00 -11:00am ( result will be issued on the same day)	9:00-13:00 (clinic will set the time)	8:00-9:30 am (Daily)	8:00-10:00 am (regular price- 120,000 Kyats) 10:00-15:30 (urgent price- 160,000 Kyats) Home service- only 8:00-10:00 am (120,000 Kyats + 15000-20000 Kyats/ transportation fees regardless of clients, if more than 5 persons- free transportation	daily except certain days due certain conditions ( can know when you make reservation) 9:00- 17:00
Necessary Document	1.Passport original 2. Flight ticket copy	(1) passport (1 copy) and (2)flight ticket (1 copy) are required to send by email in advance (3) original passport on the day of swab collection	1.passport (2 copies), 2.flight ticket (1 copy)	1.Passport original	1.Passport original	1.Passport original or copy 2.flight ticket copy	1. air ticket receipt or invoice 2. Passport copy 3. Vaccination status in detail at the time of sample collection
Expense	(1)RTPCR - 120,000 Kyats (2)NAAT PCR test-170,000 Kyats (result- within 1 hour)	(1)collection at the clinic- 220 USD, (2) Home service collection-300 USD (3)Home service for group- less than 300USD depending on location and number clients	(1)standard - 130,000 Kyats, (2)Home Service- 130000 Kyats + transportation fees 30000 Kyats/ time regardless of nos. of clients, (3)Express service- 250,000 Kyats (result- usually 4 hours but can get within an hour on request) (4) Home express service- 250,000 K + 30000 Kyats = 280,000 ( available 7:00-16:00)	Total- USD 225 ( PCR 210 USD + service fees 15 USD) ※PCR test cancellation in case of positive Rapid Antigen Test. RDT Test fees= 70 USD (USD 55 + service fees 15)	total - 155,000 Kyats ( PCR-150,000 + certificate fees 5000 kyats)	(1)Regular price-120,000 Kyats (8:00-10 am) • home delivery service- 3000 Kyats to over 10,000 Kyats depending on the location (2) Urgent price- 160,000 kyats (10:00-15:30), result will be issued within 3 hours	(1) 110,000 Kyats

<b>Procedure in detail</b>	(1) Usual PCR test- Nasopharyngeal or Nasopharyngeal and Oropharyngeal swab collection (2) NAAT PCR test- nasal swab (dry method)	Nasopharyngeal or Nasopharyngeal and Oropharyngeal swab collection	Nasopharyngeal and Oropharyngeal swab collection	• Test method : RT-PCR method (Nasopharyngeal Swab Collection) by MMDC & LUDU Lab (a) Interview by a doctor (b) Rapid Antigen Test (qualitative antigen test) (c) RT- PCR test (d) Issue a certificate of testing for COVID -19 using the form designated by the Ministry of Health, Labor and Welfare of Japan (Japanese format) 1 day before departure (12.00 p.m to 18:00)	Nasopharyngeal swab collection	Nasopharyngeal swab or Nasopharyngeal and oropharyngeal swab collection	Nasopharyngeal and oropharyngeal swab
<b>Place to collect the result and time</b>	N Health Myanmar Co.Ltd Lanmadaw Township, 18:30-20:00 of the same day or 8:00-20:00 next day	at SOS Clinic, 1 day before departure with fit certificate to travel	Free home delivery service on the same day at night for morning sample collection or at YAMU (7:00 am to 16:00), 1 day before departure or collecting at Premium Lounge Reception before check in.	At Myat Mon Tokyo Clinic, 1 day before departure (12:00-18:00) , Laboratory used for PCR test and issuing certificate of COVID 19 by MMDC & LUDU Laboratories ( <a href="https://www.facebook.com/mmhc.ludu/">https://www.facebook.com/mmhc.ludu/</a> )	24 hours after sawb collection at Mini Lab, Aryu Hospital, 1 F Tower B	samples taken before 10:00am- same day 16:30-20:00  sample after 10:00- within 3 hours at Ludu lab	at SML Medical & Diagnostic Centre No. 003/004 Dagon Tower, KabarAye Pagoda Road, Bahan Township Sample taken before 11:00 am : on the same day after 15:00 Sample taken after after 11 am : next day 9:00- 16:00
<b>WEB</b>	<a href="https://www.facebook.com/NHealthMyanmarFanpage/">https://www.facebook.com/NHealthMyanmarFanpage/</a>	<a href="https://www.facebook.com/sosclinicmyangon/">https://www.facebook.com/sosclinicmyangon/</a>	<a href="https://www.facebook.com/vgnairportlab/">https://www.facebook.com/vgnairportlab/</a>	<a href="http://mmclinic.tokyo">http://mmclinic.tokyo</a>	<a href="https://www.facebook.com/ArYulInternationalHospitals/">https://www.facebook.com/ArYulInternationalHospitals/</a>	<a href="https://ludulab.com/">https://ludulab.com/</a> <a href="https://www.facebook.com/mmhc.ludu">https://www.facebook.com/mmhc.ludu</a>	<a href="https://www.sml-myanmar.com/?fbclid">https://www.sml-myanmar.com/?fbclid</a>
<b>Remarks</b>	let them know for entering Japan and request to issue Japanese format certificate as well  The place to collect the result is different from the place of sample collection.	let them know for entering Japan and request to issue Japanese format certificate as well	Payment can be (a) In cash, (b) CB Pay , AYA pay (need to pay in advance and show screen shot on the day of testing) For CB bank- Mingalar Sky Co., Ltd. 0010-6008-0000-4839, AYA bank Kyaukdadar Branch: Mingalar Sky Co., Ltd. 0080-1030-1004-3981 , let them know for entering Japan and request to issue Japanese format certificate as well.	let them know for entering Japan and request to issue Japanese format certificate as well	let them know for entering Japan and request to issue Japanese format certificate as well	let them know for entering Japan and request to issue Japanese format certificate as well	Let them know for entering Japan and request to issue Japanese format certificate as well.  The place to collect the result is different from the place of sample collection.